



December 2025

Impact Report 2025: More Help Now

Mental health challenges among youth are at crisis level, and for countless families, trying to access appropriate support can feel overwhelming. The Luce Initiative believes that no family should have to face a youth mental health crisis alone. We started this journey with a simple but powerful idea: provide **more help now** to make it easier for families to access the right mental health and addiction care.

That's why we are proud to stand alongside the **Family Navigation Project (FNP)** at Sunnybrook Health Sciences Centre. FNP provides free, personalized and confidential navigation services to help youth across Ontario, offering expert guidance and support through one-on-one service by a team of mental health care professionals.

A JOURNEY OF HOPE AND IMPACT

"We were walking blindly through a storm – trying everything, but nothing was working. Then we found the Family Navigation Project. For the first time in years, we felt something we had forgotten: hope.

FNP helped us map out a clear path forward, guiding us to resources we desperately needed. Ten years ago, I was not sure where my daughter would be. But tonight. She's here with us. That's largely because of FNP.

They didn't just guide us – they saved us."

Parent of youth supported by FNP

EVERY DOLLAR DONATED MAKES A DIFFERENCE

The Luce Initiative is a volunteer, not-for-profit community service organization.

With no administrative overhead, we maximize the impact of your generosity.

Through your generosity, we have raised more than \$900,000 of direct support – helping youth, young adults, and families access the urgent mental health care they need.

Thank you to all our donors for helping us provide **more help now**.

Since its inception, the Luce Initiative has raised over \$900,000 in support of FNP through our signature fundraising events Luce at Night, Luce on the Links and the Luce Ride. These events do more than fund critical services – they build community, reduce stigma and amplify the voices of families in need.



This past June the Luce Initiative was honored with the Rose Award by the Sunnybrook Foundation recognizing us as a top community fundraiser.

Thanks to the generosity of our donors, our fundraising efforts for the Family Navigation Project are making a real difference in the lives of youth, young adults and families in need.

FNP BY THE NUMBERS

Total number of youths navigated for since 2013:	6500
Total number of youths navigated for in 2024:	818
Average length of Navigation in 2024:	4 – 6 months
Percentage of Clients that would recommend FNP to family & friends:	95%
Number of youths served directly in 2024:	29%
Note: vs through adult caregivers, up from 17% in 2020	

Through its rally cry of “More Help Now,” the Luce Initiative is expanding its commitment—because the need is greater than ever.

Youth mental health emergencies are rising. Waitlists are growing. Families are facing longer delays and more complex care pathways.

Our focus of ‘More Help Now’ reflects the urgency of this moment and a **call to action** for more resources for front-line navigation, more outreach to underserved communities, and more investment in system-wide change.

Every dollar donated helps reduce wait times, train new navigators and expand the reach to more youth in crisis.

With our help, FNP is not just connecting families to care – it’s building a more responsive, compassionate mental health system for the next generation.

Your Impact: A Community Committed to Action

As a donor, you are not simply supporting a program. You are walking alongside a family during their most vulnerable moment. You are giving them direction, dignity and the hope of recovery.

The Family Navigation Project and the Luce Initiative represent the best of what happens when healthcare innovation meets grassroots compassion.

Together we are helping more families gets the help they need, when they need it most.

Thank you for standing with us.

Thank you for bringing more help now.