



Thank you from the Luce at Night Committee

Welcome to our third annual Luce at Night.

We are delighted that you will be joining us on Friday October 4th as we raise critical funds to support youth and young adults experiencing mental health challenges.

We have planned a very special evening at the Great Hall, filled with incredible food & refreshment experiences along with the feel good music of Lady Be Good. It's a special night where we can all enjoy being part of a remarkable community, united in our commitment to provide more help now.

The need to support youth struggling with mental illness is great and immediate. That's why we are channeling the funds raised through this Luce at Night to Sunnybrook's groundbreaking program—The Family Navigation Project.

Together, we are ensuring more families will be able to access the Family Navigation Project's critical support in navigating our complex mental health care system so that youth and young adults get the help they need—now.

A special thank you to our sponsors, donors, friends and families for their tireless and generous efforts on all our fundraising events to date—we are thrilled to share that the Luce Initiative is fast approaching the \$700,000 mark in cumulative funds raised for Sunnybrook's Family Navigation Project.

This is a remarkable milestone, and it was made possible because of your generosity. We look forward to seeing you on Friday October 4th.

2.0: Clemente

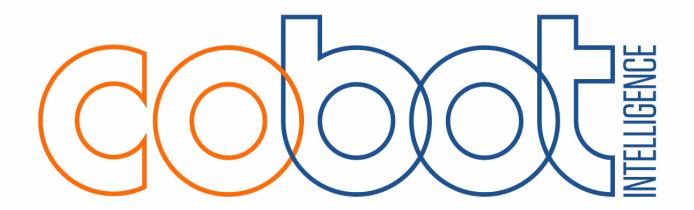
Lucio Di Clemente Founder, Luce Initiative



at Sunnybrook



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Evening Highlights

Indulge in an unforgettable evening of elegance and excitement at our cocktail-style event, beginning at 7 PM.

Savour the delights at our **gourmet food stations**, exquisitely catered by The Food Dudes.

Sip on an expertly crafted Old Fashioned or Negroni from our **signature** bar or explore a world of flavours with our wine tastings and fully stocked bar.

Feel the magic as Lady Be Good serenades you with feel-good tunes, setting the perfect vibe for an enchanting night.

Capture the moment in our **photo booth** and join in the thrill of our **silent auction**, where treasures await the highest bidder.

This is not just an event; it's an evening to be savoured, shared and remembered.

REFRESHMENTS GENEROUSLY SPONSORED BY











Silent Auction

Items range from coveted game tickets and unique excursions to rare collectibles, exquisite jewelry, and more.

1. Visit Follow My Bid (link below)

Register your account 3. Set up text notifications and start bidding!

MORE DETAILS

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The Facts

The need for help is great and immediate

1.2 million

As many as 1.2 million young Canadians struggle with mental health issues such as anxiety disorders, bipolar disorder, depression or addiction.

15 - 24

Suicide is among the leading causes of death in 15-24 year old Canadians, second only to accidents.

1 in 5

Only 1 in 5 youth receive the mental health care they need.

20%

By age 25, approximately 20% of Canadians will have developed a mental illness.

30%

30 percent of Ontario families are caring for at least one youth with mental illness and/or addiction.

80%

Once depression is recognized, help can make a difference for more than 80% of people who are affected, allowing them to get back to their regular activities.



About Us

More Help Now

The Luce Initiative is a 100% volunteer, not-for-profit organization committed to accelerating the growth of proven, early stage programs that provide critical mental health support services to youth, young adults, and families in immediate need.

Our Mission

To improve the lives of youth, young adults, and families in immediate need, we fund early-stage programs that seek to meaningfully address the gaps in our current mental health care system. We engage a vibrant and committed donor network who share our bias for action and desire to support our community.

Through our volunteer organization, we raise funds with the commitment to maximizing the contribution directed to the programs we support.

Our Annual Fundraising Events

Join us and help provide more help now!



Luce on the Links



Luce Ride



Luce at Night



Family Na>igation Project

at Sunnybrook



66

The entire family can be in turmoil when a child is in crisis."

Dr. Anthony Levit

Chief of the Hurvitz Brain Sciences Program, founder and medical director of FNP

Recipient Program

The Family Navigation Project

Ensuring no family feels lost in the mental health and addiction system

A groundbreaking program providing critical guidance and support to families as they seek mental health and addiction services for their children. Developed by families for families, Family Navigation Project (FNP) at Sunnybrook is a 100% donor funded program that guides families through the complex mental-health system. It is the first-of-its-kind and the largest navigation program in Canada that improves access to andtransition through the mental health care system.

Sunnybrook's Family Navigation Project connects youth and families in crisis

There's a philosophy of "compassionate persistence" at the Family Navigation Project. They go beyond sharing lists of resources and "get in the boat" with youth and families, staying with them to navigate even the choppiest waters — working with complex cases where other models of care may fall short.

Why is navigation important?

Health-care navigation is like GPS — it provides the best route to the most appropriate resources. Just as some GPS devices are more accurate than others, FNP provides a service that is unlike anything else in the country.

Family Navigation Project is a leader in navigation

Established in 2013, FNP is the largest and longest-running navigation program of its kind in Canada. FNP serves communities in the Greater Toronto Area, and has connected thousands of youth and families with the mental health and/or addiction services they need.



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On behalf of Sunnybrook's Family Navigation Project (FNP), patients and their families, thank you for supporting the third annual Luce at Night fundraising event.

Now more than ever, youth and their families are depending on FNP navigators to connect them with the right mental health and addictions services at the right time. As FNP is entirely donor funded, we wouldn't be able to meet our community's rapidly growing need for navigation without the generosity of donors.

Your support is making an incredible impact on FNP's ability to care for youth and their families, and for that, we are truly grateful.

Thank you for helping Sunnybrook invent the future of health care, today.

Sugy Kodeeswaran

Executive Director,

Family Navigation Project at Sunnybrook

Family Na>igation Project

at Sunnybrook



The need to support youth in mental health crisis is great and growing.

We are gearing up for our 2025 fundraising event schedule and are looking for additional Event Captains to join our Initiative. If you find the cause of youth mental health compelling and have the capacity to give back to your community in a more significant way — we would love to hear from you. You will be working with a group of like-minded people, supported by fabulous event management resources and we promise you will have fun while making a difference.

Please seriously consider joining our Initiative. We need you.

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PIGEON

